

Oxfam Trailwalker JP

The world's greatest team challenge

Foods and Drinks at Checkpoints

		START	CP1	CP2	CP3	CP4	CP5	CP6	CP7	CP8	FINISH
Drink	Water										
	Hot Water										
	Sports Drink										
	Juice										
	Coffee										
	Herb Tea										
	Food	Soup Pasta									
	Bread										
	Rice Ball										
	Yakisoba										
	Seaweed Soup										
	Miso Soup										
Snacks	Chocolate										
	Bananas										
	Nuts										
	Prune										
	Sweets										

It might be changed without notice